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## Using Natural Speech:

1. Review your *Nearly Natural Speech* by reading a few of the *Smooth Movement* Sentences.
2. Listen to the same sentences being produced with *Natural Speech*.
3. Now try using *Natural Speech* on those same sentences.
4. Do additional practice using *Natural Speech* with all *Smooth Movement*, *Easy Voice*, and *Light Contact* Sentences and Paragraphs on pages 51–53 and 59–61.
5. When you feel confident about using your fluency skills at this more sophisticated level, incorporate *Slides*, *Easy Stuttering*, and *Cancellation* into your *Natural Speech*.