

# **Appendix B: Instructional DVD Videos**

## **Stuttering Modification Strategies**

### **Catching the Stutter**

Therapist Instruction [3:09]

Student Example #1: Workbook Paragraph [2:11]

Student Example #2: Reading Text [1:49]

Student Example #3: Conversation [3:26]

### **Relaxing the Stutter**

Therapist Instruction [1:20]

Student Example #1: Workbook Words [2:43]

Student Example #2: Game Activity [1:21]

Student Example #3: Words from Text [1:22]

### **Slide**

Therapist Instruction [4:34]

Student Example #1: Workbook Words [3:12]

Student Example #2: Conversation [3:27]

### **Easy Stuttering**

Therapist Instruction [3:00]

Student Example #1: Game Activity [2:36]

Student Example #2: Reading Text 1 [2:50]

Student Example #3: Reading Text 2 [0:45]

Student Example #4: Conversation [1:54]

### **Cancellation**

Therapist Instruction [4:26]

Student Example #1: Reading Text [3:57]

Student Example #2: Conversation [2:22]

## **Fluency-Enhancing Strategies**

### **Relaxed Breath**

Therapist Instruction #1: Younger Student [1:34]

Therapist Instruction #2: Older Student [2:12]

Student Example #1: Breath Only [1:43]

Student Example #2: Breath with Voice [2:22]

### **Slow Stretched Speech**

Therapist Instruction [1:25]

Student Example #1: Workbook Words 1 [3:02]

Student Example #2: Workbook Words 2 [3:02]

### **Smooth Movement**

Therapist Instruction [1:14]

Student Example #1: Workbook Syllables [3:24]

Student Example #2: Smooth Movement Chart [3:50]

### **Easy Voice**

Therapist Instruction #1 Younger Student [3:55]

Therapist Instruction #2 Older Student [1:15]

Student Example #1: Workbook Syllables [4:36]

Student Example #2: Workbook Words and Phrases [4:44]

### **Light Contact**

Therapist Instruction [4:22]

Student Example #1: Light Contact Chart [2:10]

Student Example #2: Syllables with Relaxing the Stutter [1:37]

### **Stretched Speech**

Therapist Instruction [0:52]

Student Example #1: Smooth Movement Words [2:17]

Student Example #2: Light Contact Words [2:19]

### **Linked Relaxation Rhythm**

Therapist Instruction #1: Younger Student [3:05]

Therapist Instruction #2: Older Student [1:18]

Student Example #1: Workbook Words and Phrases [3:46]

Student Example #2: Smooth Movement Paragraph [1:05]

Student Example #3: Game Activity [1:57]

Student Example #4: Conversation [1:39]

**Extra Intonation**

- Therapist Instruction #1: Younger Student [3:57]
- Therapist Instruction #2: Older Student [3:57]
- Student Example #1: Workbook Words and Phrases [2:56]
- Student Example #2: Reading Text [0:38]
- Student Example #3: Conversation [1:55]

**Nearly Natural Speech**

- Therapist Instruction [1:41]
- Student Example #1: Workbook Sentences [2:59]
- Student Example #2: Reading Text with Easy Stuttering [2:33]
- Student Example #3: Conversation [4:30]
- Student Example #4: Telephone [1:25]
- Student Example #5: Game with Friends [2:45]

**Natural Speech**

- Therapist Instruction [1:11]
- Student Example #1: Smooth Movement Paragraphs [4:21]
- Student Example #2: Conversation – Younger Student [2:05]
- Student Example #3: Reading Text with Easy Stuttering [1:16]
- Student Example #4: School Report Practice [1:44]
- Student Example #5: Conversation – Older Student [2:23]