

FFP PARENTS PERSPECTIVE

OR

What did they really think?

Summarized by

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FFP PARENTS PROGRAM

- **Parents attended programs while their children/teens participated in FFP activities.**
- **Issues such as motivation, expectations from treatment and impact of various responses to stuttering were discussed under the leadership of Donna Cooperman, Ph. D and Nina Reeves, Ph. D.**
- **Parents were able to ask questions of a teen panel led by Derek Daniels, Ph. D. or an adult panel led by Rod Gabel, Ph. D.**
- **SLP's from the community answered questions about treatment, insurance and qualifications for school treatment.**

Summary of the parents initial Responses

- **Parent/Guardian: Parents were asked the questions noted in black. Responses are printed in white.**

At FFP, what did you learn about stuttering?

- **It is okay. We are not alone and there are resources.**
- **How special and unique you are as one who stutters**
- **Just to let it happen**
- **That it won't hold back my son or prevent him from succeeding**
- **A lot! Thank you!**

- learned that 1% of the population stutters
- learned how the stutterer can gain power or take back power from a bully by showing that insults haven't hurt him/her.
- learned about the importance of reminding the child who stutters (CWS) of all the other things he is good at doing.
- Learned that my child and I need to have a frank conversation about setting realistic goals
- learned that people who stutter come in every age, race, gender and religion.
- learned that it is important to create a team of support not only for my child but also for myself.
- learned I am not alone.

What did you learn/practice?

- strategies between children and parents, what they do is not about you, how to just “be”
- to listen
- The big 6 or 7 things NOT to say to a stutterer
- That home is the place to rest and that’s why we see the worst of his stuttering
- Pausing, starting over and easy onsets.

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- New strategies for asking my child questions without making him feel “on the spot” or under pressure. I learned strategies for making my child feel more self-confident and how to handle bullies or mean peers.
 - Let home be a place for your child to rest. Don't finish your child's sentences.

What was the best thing about FFP?

- Watching my son tell jokes during lunch with open mic on Friday
- The parent groups. Educating the parents is so crucial! The featured speakers. The panel discussions.
- Hearing from other parents and how they handle certain speech situations, teasing/bullying, talking with teachers

- ◉ Meeting other parents who are going through the same thing as I am.
- ◉ How informative – Excellent... just being with others who have sons with same/similar problems.
- ◉ “Networking” both kids and parents.
- ◉ Listening to others

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- ◉ Everyone's great interactions, open dialogue between children, adults and clinicians
 - ◉ The speakers, the genuine concern, the information. Knowing my son is getting something (tools) to help him go forward).